

Request for Authorization: Psychological Testing

This communication applies to the Medicaid programs for Simply Healthcare Plans, Inc. (Simply) and Clear Health Alliance (CHA) as well as the Florida Healthy Kids (FHK) and the Medicare Advantage program for Simply.

Please submit this form electronically using our preferred method at https://www.availity.com.* This can also submitted via fax to 1-844-858-0829.

General information

| Member name: | |
|---------------------|---------------|
| Member date of | Member ID #: |
| birth: | |
| Provider completing | |
| testing: | |
| Provider phone: | Provider fax: |
| | |
| Provider ID or | Provider NPI: |
| tax ID: | |
| | |
| Provider address: | |
| | |
| Provider email: | |
| | |

Formal psychological testing is neither clinically indicated for routine screening or assessment of behavioral health disorders nor indicated for the administration of brief behavior rating scales and inventories. **Such scales and inventories are an expected part of a routine and complete diagnostic assessment.** Other than in exceptional cases, a diagnostic interview and relevant rating scales should be completed by the psychologist prior to submission of requests for psychological testing authorization.

Requests for placement purposes and forensic purposes are not covered benefits. Requests for educational testing or learning disabilities assessment for educational purposes should be referred to the public school system.

* Availity, LLC is an independent company providing administrative support services on behalf of Simply Healthcare Plans, Inc. and Clear Health Alliance.

https://provider.simplyhealthcareplans.com

https://provider.clearhealthalliance.com

Simply Healthcare Plans, Inc. is a Managed Care Plan with a Florida Medicaid contract. Simply Healthcare Plans, Inc. dba Clear Health Alliance is a Managed Care Plan with a Florida Medicaid contract.

Simply Healthcare Plans, Inc. is a Medicare contracted coordinated care plan that has a Medicaid contract with the State of Florida Agency for Health Care Administration to provide benefits or arrange for benefits to be provided to enrollees. Enrollment in Simply Healthcare Plans, Inc. depends on contract renewal.

Simply Healthcare Plans, Inc. is a Managed Care Plan with a Florida Healthy Kids contract. SFLPEC-2518-21 March 2021

Clinical assessment

| Indicate which of the following assessments have been completed. | | | | | |
|--|--|--|--|--|--|
| Brief inventories and/or rating scales | \Box Interview with family members | | | | |
| \Box Clinical interview with patient | Medical evaluation | | | | |
| Consultation with patient's physician | Psychiatric and medical history | | | | |
| □ Consultation with school/other important persons | Review of academic records/IEP | | | | |
| Direct observation of parent-child interactions | Review of medical records | | | | |
| □ Family history pertinent to testing request | \Box Structured developmental and social history | | | | |

Clinical information

| Indicate which of the following problems and symptoms presented a need for testing. |
|---|
|---|

| □ Acting out behavior | 🗆 Hallucina | tions | □ Low motivation | | |
|--|------------------|-------------------|---|--|--|
| □ Anxiety | 🗆 Impulsivi | ty | Other developmental delays | | |
| □ Attention seeking | 🗆 Inattentio | on | Poor attention span | | |
| Delusions | 🗆 Irritability | ý | Speech and language delays | | |
| Depression | 🗆 Labile mo | bod | \Box Suicidal or homicidal ideation | | |
| Disorganization | 🗆 Lethargy | | Violence or physical aggression | | |
| Distractibility | Low frust | tration tolerance | \Box Other (Use space below for other.) | | |
| Other: | | | | | |
| | | | | | |
| Please attach any relevant medical records and/or clinical diagnostic assessment to support the request for testing. | | | | | |
| Duration of symptoms: | □ 0 to 3 months | 🗆 3 to 6 months | 🗆 6 to 9 months | | |
| | 🗆 9 to 12 months | □ Greater than 12 | months | | |

Treatment history

Please provide information regarding treatment history.

| | Frequency | How long has member been in treatment? | Is member still in treatment? | Have symptoms improved? |
|---|-----------|--|-------------------------------|-------------------------|
| Individual therapy: | | | 🗆 Yes 🗆 No | 🗆 Yes 🛛 No |
| Medication management: | | | 🗆 Yes 🗆 No | 🗆 Yes 🛛 No |
| School- or home-based management: | | | 🗆 Yes 🗆 No | 🗆 Yes 🛛 No |
| Other services: | | | 🗆 Yes 🗆 No | 🗆 Yes 🛛 No |
| Date of diagnostic interview: | | | | |

Rating scales

Please indicate which rating scales have been administered as part of your clinical assessment.

| 🗆 Achenbach | 🗆 BASC | □ CBCL | □ MASC | 🗆 RAD | |
|---|---------|------------|--------|--------|--|
| \Box ADHD rating | 🗆 BDI | 🗆 CDI | 🗆 MDQ | 🗆 STAI | |
| □ BA | 🗆 Brief | □ Conner's | DPCL-5 | □ TSCC | |
| □ Other: | | | | | |
| Please note pertinent results of rating scales: | | | | | |
| | | | | | |
| 1 | | | | | |

Other pertinent information

Please include any other information that supports the request for psychological testing.

Previous psychological testing

Please include any information regarding previous psychological testing (such as dates of testing or results) and why retesting is requested.

ICD-10 diagnoses under evaluation

Please describe the rationale for testing. What are the current questions to be answered that cannot be addressed by the clinical interview, review of records and rating scales that you have already administered? How will the results of testing impact the course of treatment?

Is this a request for a trauma assessment? \Box Yes \Box No

Psychological tests and services requested

| CPT [®] code(s) | Units requested | Test names/service description | | |
|--------------------------|-----------------|--------------------------------|--|--|
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| Total units requested | d: | Total time requested: | |
|-----------------------|----|-----------------------|--|
| Provider signature: | | | |
| Date: | | | |

| For Simply Healthcare Plans, Inc. and Clear Health Alliance use only: | | | | | | | | |
|---|-------|--|-------------------|--|-------|--|--|-------|
| Date received: Authorization from: | | | | | | | | |
| Reference #: | | | Authorization to: | | | | | |
| | hours | | | | hours | | | hours |