



Breast cancer screenings and 3D mammograms

We need your help to ensure your patients, our members, are up to date with their breast cancer screenings. This document provides information on the benefits of 3D mammograms, the breast cancer screening HEDIS[®] measure and additional resources.

Ensuring your patients get regular screening tests is the most reliable way to detect breast cancer early. When breast cancer is found early, it is easier to treat successfully.

HEDIS[®] is a registered trademark of the National Committee for Quality Assurance (NCQA).

3D mammogram

A 3D mammogram (breast tomosynthesis) is an imaging test that combines multiple breast X-rays to create a three-dimensional image of the breast and allows the tissue to be viewed in thin slices. This type of mammogram can be used to look for breast cancer as well as the cause of breast problems such as breast mass, nipple discharge, and pain.

Any woman can benefit from a 3D mammogram. The benefits of 3D mammograms include finding more cancers and reducing the number of false positives or false alarms that can be stressful for your patients.

3D mammograms can:

- Reduce the need for follow-up imaging.
- Detect slightly more cancers than a standard mammogram alone.
- Improve breast cancer detection in dense breast tissue.

HEDIS® – Breast Cancer Screening (BCS) measure

This HEDIS measure looks at women 50 to 74 years of age who had a mammogram to screen for breast cancer within the past two years.

In establishing health history with new members, please make sure you ask about when members last mammogram was performed, document at a minimum, year performed in your health history. Gaps in care are not closed by the following, as they are performed as an adjunct to mammography:

- Breast ultrasounds.
- MRIs.
- Biopsies.



Additional resources:

- 1 <https://provider.simplyhealthcareplans.com/florida-provider/hedis>
- 2 <https://www.mayoclinic.org/tests-procedures/3d-mammogram/about/pac-20438708>

<https://provider.simplyhealthcareplans.com>

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